

# Information for Families

Dear families,

Camp is an exciting and thrilling experience for your Scout. If this is his first time away at summer camp, new issues may be raised. Below are answers to questions commonly asked by families of new Boy Scouts. We are glad that your family has chosen the Scouting program to help your son grow and want to make sure he is prepared to have a great experience at Marin Sierra.

## Required Forms

- Health Forms (we suggest the family keep a copy)

Each Scout and adult in attendance **must** have a current and valid health form. Most Scouts will require the Class 1 and 2 Health Form which must be filled out by a medical doctor every 3 years and the Class 1 form updated by the parents or guardians each year. Adults over 40 and High Adventure Program participants require the Class 3 form.

- Parent Authorization form

The parent authorization form gives medical consent for treatment and permission to participate in particular parts of the camp program. Note that this form must be signed by both legal parents or guardians, if there are two, or by the sole parent or guardian if there is only one legal guardian.

- Medication in original bottles/packaging

All medication sent with the Scout must be turned into the Camp Health Officer to be stored in a locked unit accessible by the unit leader. The unit leader, or an adult designated by the troop, is responsible for dispersing the medications to Scouts according to instructions. All medication needs to be sent in the original container and prescription medications must still have the patient's name on the original container. Scouts who require emergency medications such as rescue inhalers or bee sting kits, should carry those items on himself. We recommend the Scout's name be put on all medications brought to camp and especially those carried by the Scout.

## Packing

Having the gear he needs will be the best comfort to your Scout at camp. Please ask your troop for a full packing list.

- |                                                                       |                                                                                        |
|-----------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| <input type="checkbox"/> Mess kit (not disposable dishes or utensils) | <input type="checkbox"/> 1 pair of long pants and a long sleeved shirt                 |
| <input type="checkbox"/> Clothing for 7 days                          | <input type="checkbox"/> Scout handbook and any pre-work done for merit badges         |
| <input type="checkbox"/> Scout Uniform                                | <input type="checkbox"/> Water bottle, hat, sunscreen, insect repellent                |
| <input type="checkbox"/> 2 pairs of closed toed shoes                 |                                                                                        |
| <input type="checkbox"/> 1 pair of sandals or water shoes             | Do not bring: electronics, cell phones, food or snacks, animals, anything unScout-like |

## Mail at Camp